

Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy. Dial Service Express®.

Breakfast

Available from 6:00AM to 11:00AM

BLUEBERRY & BANANA PANCAKE LOLLIPOPS 10

Banana and blueberries cooked into pancakes, low-fat yogurt, fruit salad, syrup

BABY SPINACH & CHEESE OMELETTE* 10

Fruit salad  gf

HAM, EGG & CHEESE QUESADILLA* 10

Two eggs, corn tortilla, low sodium ham, cheese and pico de gallo

BREAKFAST CEREAL 10

Seasonal fruit, milk

Lunch or Dinner

Available from 11:00AM to 11:00PM

CHICKEN COBB SALAD 10

Mixed greens, chicken, egg, cheese, avocado, cherry tomatoes, low-fat dressing

CHICKEN FINGERS 10

Baked in corn flake breading, carrots, celery sticks, low-fat ranch dressing 

GRILLED CHICKEN WITH WHOLE WHEAT PASTA 10

Tomato sauce, broccoli, Parmesan cheese

PITA CHIPS & CRISP VEGETABLES 8

Hummus, low-fat yogurt dip

FISH TACOS* 10

Lean white fish in soft-shell tacos with tomato, lettuce, grilled corn, jalapeños, mango and pico de gallo

TUNA MELT 10

Lean tuna salad on whole-wheat slider, melted low-fat cheddar cheese, carrots and celery sticks

Dessert

FRESH KEBABS 8

Market fruit served with low-fat Greek yogurt, a cornbread cookie 

HÄAGEN-DAAZ® ICE CREAM 6

Vanilla, chocolate, strawberry

APPLE FRUIT SALAD 8

Cored apple filled with market fruit  gf

*Enjoy breakfast longer on weekends – turn to our Westin Weekend Breakfast Menu page for details.

A delivery charge of \$6, plus 21% gratuity and sales tax, will be added. All prices in U.S. dollars.

*Raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.



Indicates SuperFoodsRx™ dishes, which specifically pair whole foods to boost their nutritional benefits and their flavors. Antioxidant-rich and naturally low in calories, SuperFoods are known to improve well-being and longevity.



This recipe has been created and tested in the SuperChefs kitchens by the SuperChefs kids.

gf We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet, please be aware that they may be prepared in an environment where gluten is present. Please consult your physician as to your personal health decisions.